



PACKING LIST

Handcart Supplies: Each handcart will be stocked with a water cooler, first aid kit, lantern, bug spray, sunscreen, tarps, tents and other items needed for the trail. In addition, the 5 gallon buckets and bedding for each family member will be packed in the handcart.

Bucket requirements: With the exception of your water bottle and bedding, ALL items must fit in a 5-gallon bucket with the lid securely fastened. Please write your first and last name on both the bucket and the lid. Please limit the weight of your bucket to no more than 17 lbs.

Arrival: Please arrive at the Cherokee Ward building (26 Cattle Dr, Whittier, NC) on Thursday, July 25 at 8:30 AM wearing pioneer clothing and sturdy shoes. Bring a sack lunch, your packed 5 gallon bucket, and your bedding wrapped in a trash bag.

Packing List:

For Females:

- 2-3 skirts (with bike shorts or basketball shorts underneath, no short shorts)
- 2-3 long-sleeved shirts
- 1 apron
- 1 bonnet or straw hat

For Males:

- 2-3 pairs long pants (no jeans)
- 2-3 long-sleeved shirts
- 1 pioneer-style hat (straw hat or wide-brimmed hat)
- Optional: suspenders, vest

For Everyone:

- 2 pairs sturdy shoes (closed toe, good tread and support the feet and ankles)
- 4 pairs socks
- Undergarments
- Pajamas
- Rain poncho
- Jacket or sweatshirt for cool evenings
- Heavy duty water bottle
- Hand towel or washcloth
- Personal toiletry items (comb or brush, toothbrush and toothpaste, deodorant, etc.)
- Personal prescription medications
- Glasses—even if you wear contact lenses
- Feminine hygiene products
- Lip Balm
- Scriptures
- Sleeping bag, Sleeping pad, Pillow (all bedding items should be packed in ONE trash bag together)

Optional:

- Work gloves (helpful for pulling handcart)
- Sunglasses
- Hand sanitizer or small package of wet wipes

Items NOT allowed: Jeans, t-shirts, shorts (unless under a pioneer skirt), baseball caps, backpacks, cellphones, electronic devices, food or candy of any kind, matches, fireworks, weapons of any kind, jewelry, money, valuables, etc.